

# Hellgate 100K

**December 8, 2018**

Start Time: 12:01 A.M.; 18-Hour Time Limit

Projected Minimum & Maximum Times for Aid Stations

Aid Stations	Mileage	1 <sup>st</sup> / Last	Time Limit	Horton Time
1. FSR 35	3.5 miles	1 <sup>st</sup> Runner	12:38 am	12:45 am
		Last Runner	12:57 am	
2. Petites Gap	7.5 miles	1 <sup>st</sup> Runner	1:12 am	1:37 am
		Last Runner	1:55 am	
3. Camping Gap	13.1 miles	1 <sup>st</sup> Runner	2:10 am	3:13 am
		Last Runner	3:45 am	
4. *Floyd's Field	22.4 miles	1 <sup>st</sup> Runner	3:43 am	5:38 am
		Last Runner	<b>6:40 am</b>	
5. Jennings Creek	27.6 miles	1 <sup>st</sup> Runner	4:36 am	7:00 am
		Last Runner	8:06 am	
6. Little Cove Mtn.	34.5 miles	1 <sup>st</sup> Runner	5:45 am	8:33 am
		Last Runner	10:03 am	
7. *Bearwallow Gap	42.5 miles	1 <sup>st</sup> Runner	7:15 am	10:30 am
		Last Runner	<b>12:30 pm</b>	
8. Bobblets Gap	49.5 miles	1 <sup>st</sup> Runner	8:23 am	12:00 pm
		Last Runner	2:20 pm	
9. Day Creek	56.1 miles	1 <sup>st</sup> Runner	9:44 am	1:36 pm
		Last Runner	4:30 pm	
10. Finish	62.4 miles	1 <sup>st</sup> Runner	10:45:49 am	2:45 pm <b>14:44 finish time</b>
		Last Runner	6:01 pm	

**COURSE RECORD:**

Men 10:45:49 (2014) Ryan Paavola

Women 12:23:40 (2011) Amy Sproston

Elevation Gain: 11,950 feet

Elevation Loss: 11,530 feet

\* Runners must reach Floyd's Field(22.5 miles) by **6:40 A.M.** & Bearwallow Gap (42.5 miles) by **12:30 P.M.** to be allowed to continue.

\* The splits for the 1<sup>st</sup> runner are Ryan Paavola splits from his course record in 2014. The last runners splits are splits for the slowest runners at each aid station that were able to finish in less than 18 hours.

