

From: Michael Gampp
Sent: Sunday, December 15, 2024 6:45 PM
To: Horton, David (Allied Health Professions)
Subject: Re: [External] Re: PLEASE CHECK

I ended up staying for the meal, the meeting and taking the time to just enjoy being in the moment, which I realize I do not do as nearly often as I should.

This was without a doubt the most special race and weekend I have ever spent out running trails. Yes the race is top notch but it is more. A weekend of people who share a common love and purpose coming together and supporting one another. Although I made the trip alone, I never felt alone all weekend.

Thank you for such a great experience and I am so pleased to have been given the chance to come run Hellgate.

Michael

On Dec 12, 2024, at 2:27 PM, Horton, David (Allied Health Professions) wrote:

We LEAVE from Camp Bethel at 10:45 PM. You are missing something if you miss the pre-race meeting. It's informational and entertaining hopefully. However, I understand you wanting to get some sleep the meal will start about 6 PM and the briefing will start about 7:45 PM. The race will Will will start at 12:01 AM on Saturday morning

From: Michael Gampp
Sent: Thursday, December 12, 2024 2:13:55 PM
To: Horton, David (Allied Health Professions) **Subject:** [External]
Re: PLEASE CHECK

I will be there and your communications have been great. I plan on checking in early and then heading back to get some rest at my hotel before the race starts.

Since I will need to get a ride to the start what time do I need to be back to Camp Bethel? I have never one to arrive at the last minute and just want to make sure I am there early enough to get paired up for a ride.

Thank you

On Thu, Dec 12, 2024 at 2:06 PM Horton, David (Allied Health Professions) wrote:

Please check your race number as there have been a few changes because of dropouts. PLEASE PLEASE do send us an email if you can't make it for some reason.

As of this moment, the Blue Ridge Parkway is open. A few hours ago, it was not. Today and tomorrow we will be taking wood to several of the aid stations so they can have a fire for them, not you. I think it will be in the low 20s tomorrow night and several places, and it will feel much colder than that. Make sure you carry a jacket with you all throughout the course. You will need it. The high on Saturday is supposed to be 43.

I'll see you tomorrow if not sooner.

In Christ,
Dr. David Horton
Race Director